

THE Grapevine NEWSLETTER

Hall's Car Park Extension

Planning permission has been obtained and Sutton Estates have cut down the trees leaving some screening for local residents. The site has been cleared and gravel delivered. The extension to the car park will create space for at least 25 cars on top of the existing spaces at the front of the hall and this should ease the congestion that sometimes occurs on Church Road.



**Stockcross Christmas Get together
The Sutton Hall
Sunday 18th December 7pm**



**Take time out for a drink
& a chat with the
neighbours**

FROM THE SUTTON HALL STOCKCROSS October 2011 No:79

**Hall Hire Rates (£ per hour)
Effective from 1st November 2011**

	Small Hall	Large Hall	Both Halls
Resident	6.00	9.00	12.00
Non resident	9.50	14.00	17.00

Call Jay on 01488 608769 to book
or visit our website

www.suttonhallstockcross.org

or email

suttonhall642@btinternet.com

Stockcross Panto Players

Proudly present



**Snow White &
The Seven Dwarves**

By Archie Wilson

at

**The Sutton Hall
1st, 2nd, 3rd December
At 7pm**

**Tickets £6 each available at
The Village Shop**

Chairman's Report

When you get this copy of the Grapevine I should no longer be chairman. I have been chairman for three years now and it's time to hand over to younger willing members of the committee. We had a very successful Harvest Supper and it was well attended. We were entertained by Mervyn Penny with his stories and songs of time gone by. Thank you to all who made this happen especially Claire and Heather.

The new extension to the car park has been started with all the trees being cut down and cleared. This should make things a lot better for the residents of church road.

The rehearsals have already started for the annual village pantomime which is Snow White and the Seven Dwarves. Don't forget to buy your tickets.

Sunday 2nd October have just been to a church service to celebrate Mabel's 100th birthday party followed by an excellent tea in the village hall. Mabel, they say the sun only shines on the righteous so going on today's weather you must be one special lady.

Finally I would like to thank everyone for their support during my three years in office and I would also like to say its been a pleasure working with you all. That's it from the Marsh Benham Boy.

Brian G Palmer

Treasurers Report 2010/2011

The submitted accounts cover the period 1st July 2010 to 30th June 2011. During the period the hall made an operating profit of £7581. After investments in Hall improvements the net retained profit for the year was £4160.

During the period the main income was derived from :

Hall Hire £17191

Events £ 4054

The Hall improvements comprised the initial costs of the car park extension (plans and planning permission application) , a new cooker and associated kitchen refurbishment and miscellaneous equipment purchases.

It was pleasing that hall hire fees improved over the previous year despite the regular bookings from Newbury College ceasing. Several regular new users have been secured including Danceswing & Zumba fitness classes. On the events side the Pantomime was again a great success along with the other regular social and fund raising activities. The social calendar has been enhanced this year with new events : the Quiz, Masked Ball, murder mystery and we look forward to the first Sunday on the Glebe . Thanks should be recorded to all who made every event a success during the year and it is hoped these become regular fixtures. The Hall also funded various community events during the year:senior citizens christmas lunch (funded by the meat raffle), the childrens' christmas party (funded from the quiz) and the royal wedding tea party supported from hall funds.

A change to the banking arrangements was made during

the year with the deposit account being moved to Scottish Widows to earn a better interest rate on cash reserves.

The electricity supply contract was moved to British Gas to cut overheads although going forward we will not be immune from rising energy costs . Subsequent to the year end a three year fixed deal has been agreed with Scottish Power which will take effect from November 2011.

In summary this has been a strong year for the Sutton Hall - financially it has continued to be a viable proposition through the extensive events work it has met its key responsibility which is to provide a benefit to the community of Stockcross.

M C Nevitt Treasurer

Grapevine Nature Notes

The recent warmth was very welcome but I do wish it had happened in the summer when I actually recorded a temperature of 7 degrees on the 1st July. My garden has suffered in all sorts of ways and I can only suppose the wildlife has also. I have hardly seen any birds in the garden or the wood for a very long time and have even managed to keep a superb crop of red currants as no blackbirds have been in sight since nesting time. I am assuming that has something to do with the wretched magpies that took such a huge toll on all the small birds here. Kites and buzzards have been seen but really very little else, except that as I am typing this I can hear the wonderful piping call of a nut-hatch.

I am no great lover of doing house work and was congratulating myself well into July for seeming to have at last eradicated the long legged spider - Daddy long legs? - from my house. I thought too soon! All of a sudden they were everywhere, well at least in every corner of every ceiling in every room. I don't mind them too much as they keep the fly population down a bit, but I am sure they were very late appearing this year.

It seems to have been quite a year for wasps and I have what must now be a huge nest in a void in my roof. The workers have been very active for months and I can hear them eating my house to bits but cannot get at them. They are still active as I write but the queens are now emerging and looking for good places to hibernate and I am not too sure I want to accommodate them.

Just recently there have been huge swarms of a very small fly in my garden. They look not unlike fruit flies but the numbers are enormous. They seem generally to fly in shady places although one hot day last week they all came into my conservatory. They disappeared overnight so I assume they have 'melted into the rugs'! Does anyone know what they are?

I am pleased to say I have a good crop of young toads and frogs which will soon be hibernating. I keep as many places as I can such as bonfire heaps and log piles for them but the toads very often just bury themselves in the earth especially next to walls, so beware. I did have one very nasty near miss a few weeks ago. Moles are a problem in my garden (although I love them really) and I happened to have a fork in my hand when seeing a small heap of earth moving. I did a dreadful thing, I plunged the fork into the moving earth. It was not a mole but a large toad trying to bury itself and thank heavens I missed!

Janet Scull 01488 608324

OUT AND ABOUT

Stockcross Speeding

As we all know speeding through the village continues to be a problem so it was interesting to read the report by Speen, Shaw & Donnington Neighbourhood Action Group (SSDNAG). SSDNAG have been given responsibility for working with local residents on speeding issues in and around Stockcross.

Presumably some of you completed the community speedwatch leaflets that were distributed to Stockcross residents at the beginning of August. West Berkshire Council has since informed SSDNAG of the most recent speeding statistics which are

16 th August 2011	24 th August 2011
Towards Wickham – offenders 13	Towards Wickham 15
Towards Newbury – offenders 42	Towards Newbury 38

This would seem to be the tip of the iceberg!

The Parish Council are proposing that the 30mph speed limit, currently very close to the Rec, should be moved further away from the village towards Wickham and that on the road to Stockcross from Newbury the speed limit should be reduced to 50mph from the current 60mph.

Anyone interested in finding out more about this and the other work undertaken by SSDNAG should see their website

<http://www.uknags.org.uk/speenshawdonnington> or email SSDNAG@gmail.com

Work in Progress



If you visit Snake Lane you will see that work has started on what was Foley Farm following planning consent for the construction of four dwellings, garages, improved access and an extension to the old Farmhouse itself. It will be interesting to see the finished work. I personally rather liked it as it was and am glad the sheep are still nearby. VW

Swimming for the Opera

Felicity Merchant recently completed a sponsored swim of 20 miles of the Outdoor pool at Northcroft (not all in one go) in aid of Kennet Opera's production of Die Fledermaus at the Corn Exchange from November 17th to 19th. If you want to donate please send a cheque payable to Kennet Opera at 34 Stockcross Newbury RG20 8JX or you can donate on line via <http://virginmoneygiving.com/FelicityMerchant>. All donations, however small will be gratefully received.

Stockcross Recreation Ground

In the draft minutes for September meeting:

“S106 Monies-

The Council had received £8,385.52 S106 Developer Contribution money towards improvements to public open spaces in Stockcross. It was proposed by Ken Sullivan, seconded by Keith Phillips and agreed unanimously that a Stockcross S106 Working Party be set up solely to decide how to spend this money. The membership will be Cllrs John, Foulkes, Phillips & Sullivan.”

You may wish to forward ideas to Keith or Ken

As part of a long term plan to obtain funding from external sources the Parish Council are applying for Queen Elizabeth II Fields in Trust (<http://www.qe2fields.com/>) status for Stockcross and Speen Recs,. It is a fantastic programme to protect 2012 outdoor recreational spaces in communities all across the country as a permanent living legacy of the 2012 London Olympics and the Queen's Diamond Jubilee.

Meanwhile in addition to the new play equipment the playing surface of the Rec has been refurbished to enable AFC Newbury Boys and Girls to return to practice and play their Sunday Leagues here, on four small pitches. There is still room for a larger (junior) pitch and even space for an all-weather cricket strip around which the football pitches can be rotated.

Residents of Marsh Benham should look out for a mailing asking them for information about who uses the Rec there.

The new Parish Clerk is Catherine Gorvin who is also clerk for Enborne Parish Council. She can be contacted by Tel: 07584 435656 E Mail: clerk@speen.gov.uk or by letter PO Box 6199 Newbury RG14 9HS

Tennis Club - It's future is in Your Hands!

Unfortunately, membership has declined of late, and the Club is at the crossroads of sustainability. Surely we do not want to lose this very valuable village facility. We need more members and we also need a couple of people to step forward to help run the Club. It doesn't matter that you may be rusty, or that you may not have played before - if you or your family members value the club and are interested in playing or helping in any way we really do need you. - NOW.

We propose to hold an open meeting on Wednesday 26th October 2011 at the Rising Sun pub commencing at 7.30pm and would be grateful for all possible support. We will circulate the village and post notices to advertise this meeting, but if in the meantime you wish to express an interest please contact Nick Drewe at Combe View, Glebe Lane, or phone 01488 608332. or nicholasdrewe@yahoo.co.uk

Stockcross Facebook Page

This is also a valuable asset to the 53 of us who use it. Notice of Animal Rights Protesters at the Vineyard and Travellers invading the Rec soon set the page alight. It is also used to arrange to borrow items, ask advice and to advertise events. If you have a computer but are not yet on Facebook or would like to know more please ask someone who is using it already to explain the pros and cons. They probably live next door!

What's On

OCTOBER

- 23 **Pumpkin Judging 6pm**
The Lord Lyon
26 **STOCC** - see main advert

NOVEMBER

- 14 **Speen Parish Council**
meeting 7.30pm at The
Sutton Hall.
18 **Stockcross School**
Christmas Fair 5 - 7pm
30 **STOCC** - see main advert

DECEMBER

- 1 **Pantomime 7pm** -see
main advert
1 **STOCC** - coach trip
see main advert
2 **Pantomime 7pm** -see
main advert
3 **Pantomime 7pm** -see
main advert
8 **Stockcross School**
Infant Nativity 2pm &
6.30pm at The Sutton Hall
14 **STOCC Christmas Lunch**
12.30pm Lord Lyon
18 **Childrens' Xmas Party**
3 -5pm at The Sutton Hall
18 **Christmas Get Together**
7pm The Sutton hall
24 **Carol Singalong with Max**
The Rising Sun

JANUARY

- 7 **Speen Parish Council**
Meeting 7pm Speen

Mobile Library
visits to Stockcross

Village Hall 11.50 to 12.30
Bayford House 2.00 to 2.40

Oct	Nov	Dec
12	02 23	14

STOCC

Wednesday 26 October
1pm – 4pm at the Sutton Hall
STOCC's Birthday
Ploughmans lunch
Also planning of 2012 Programme.
In the small hall – BYO drinks.
Cost of lunch: £5

Wednesday 30 November
2 – 4pm
'A Special Card'
Demonstration
£2 including refreshments in the
small hall

Thursday 1 December
Join Kintbury KEWIs on a coach trip
to
Waddesdon (NT)
See the house and grounds decorated
for Christmas and dine (optional ex-
tra) in the Manor Restaurant. De-
tails shortly from Jane or Merle

Wednesday 14 December
Christmas Lunch at Lord Lyon
2 courses £16pp
Contact Jane to book

ALL WELCOME

Call Jane: 01488 608762 or Viv:
01635 523963

Regular Events

- Daily** Billiards at village hall
- Weekly**
- Monday** Pilates at Village Hall 6pm
- Tuesday** Yoga at Village Hall 6.30pm
- Wednesday** Zumba Village Hall 7.30pm
- Thursday** Bridge Club at
Lord Lyon from 7.30pm
- Friday** Toffs Bridge at Village Hall
1.30pm
- Sunday** Tennis at Rec mornings
- Sunday** Accoustic Sounds at Rising
8pm
- Monthly**
- 2nd Mon** Knit & a Pint at Lord Lyon
8pm -10pm
- 1st Weds** Quiz at Rising Sun 8pm
- 2nd Tues** Village Hall Committee
Meeting at the hall
- Last Sat** Open Mic Rising Sun 7.30pm

STOCKCROSS VILLAGE STORE & POST OFFICE CHRISTMAS & NEW YEAR OPENING TIMES

SAT 24TH DEC 7.00a.m. – 12.00p.m.
SUN 25TH - TUES 27TH DEC CLOSED
WEDs 28TH – FRI 30TH DEC 7.00p.m. – 5.30p.m.
SAT 31ST DEC 7.00a.m. – 12.00p.m.
MONDAY 2ND JAN 2012 CLOSED

We will be open as usual from 3rd Jan 2012, which is:

POST OFFICE: Mon to Fri 9.00a.m. – 5.30p.m.
Sat 9.00a.m. – 12.30p.m.

SHOP: Mon to Fri 7.00a.m. – 6.00p.m.
Sat 7.00a.m. – 12.30p.m.

**DON'T FORGET THAT WE ARE STILL DOING THE ORDERS FOR YOUR
LOCAL TURKEY AND HAM FOR CHRISTMAS.**

**PLACE YOUR ORDERS AS SOON AS POSSIBLE
TO AVOID DISAPPOINTMENT!**

TELEPHONE: 01488 657602 www.stockcrosspostoffice.co.uk

QUARTERLY ROUND UP

Stockcross Two O'clock Crowd

The July garden party at Viv and Roy Lovell's in Boxford provided an opportunity for us to see how mature their lovely garden has become in such a short time.

Not only flowers and vegetable garden to enjoy but also intriguing sculptures and we were discussing bees and cattle too. Many thanks to Viv and Roy for inviting us again and providing a delicious tea.



In August, Viv Wilson organised a volunteer bus to the Museum of English Rural Life at Reading. This is now housed in a new purpose built museum, has fascinating displays of farm equipment of all kinds and is well worth a visit. I found the farm vehicles particularly interesting. The special Archers exhibition there marks the 60th anniversary of the radio series.

We have recently had a most enjoyable day out at Bletchley Park where we were made welcome by an excellent volunteer guide who looked after us all day. Not only were we shown around most of the buildings but the history of the wartime code-breakers was explained in a most captivating way. Refreshments were taken in a room allocated to our group for the day. I am sure that many of us will make return trips as there is such a lot to see.

Jane Batt

Harvest Supper 2011



This year we helped Charlie Goodenough celebrate his 85th birthday and then tucked into a two course supper provided by our neighbours. A hamper of homemade jams and chutneys made a splendid raffle prize (good idea Siobhan) and the entertainment from Mervyn Penny wound up the evening. Thanks to Claire and her team for organising it.

Ton Up!



Mabel Nash celebrated her 100th birthday on the 3rd October.

Rev John Toogood led a really joyful celebration service at St John's Church attended by over 100 family and friends, from Stockcross, where she has lived for the past 18 years, and from Stapleford, a village she lived in for 50 years. Mabel was in great voice, clearly enjoying

every moment including the reading of a message of congratulations from The Queen and she even conducted us for the final hymn: "Jerusalem"! The service was followed by afternoon tea in the village hall with speeches and tributes to which Mabel responded with fine voice louder and clearer than any who had spoken before her! What a life Mabel has had in her 100 years with such a loving family around her, right down to her many great-grandchildren. Many congratulations Mabel.

Goodbye & Hello

On August 1st 2011 Stockcross said a fond goodbye to Jamie, AK and Adam Leigh who lived in the village many years at Number 12 and then Wingle; we wish them all good luck in their new home in Nottingham. We have moved into Ty Newydd (formally known as Wingle) - the name is Welsh for "new house" and we would also like to say a warm welcome to Greg and Lindsay who are now settled in at Number 11.

Richard & Julia Crouch

Welcome to Greg and Lindsay. Neighbours think it may be a bit cold in the winter!



AROUND THE VILLAGE

Lord Lyon Latest

This month we are very proud that The Lord Lyon is included in the Good Beer Guide 2012 for the first time ever...a true testament of the consistency and quality of our real ales. We join the 11 other great beer pubs from the region, "the best of the best" to quote the press reports! One of our regular beers Kingsdown, a dark malty bitter, has also won an award, it recently won Gold in the very prestigious Taste of the West Awards premium bitter category.



The en suite rooms are finally finished, they are looking lovely, spacious with lovely beds, huge rainforest showers and antique furniture; and only a little over budget and with only a little disruption to our long suffering neighbours!!! Sorry Sheelagh and Steve. We can now accommodate your guests that you can't fit in at home, we're offering cut price deals for villagers and their friends, just give us a ring for availability and prices.

Sorry for talking Christmas in October, but we are almost full for Christmas Day if you are looking to escape the hassle. The menu is on the website and in the pub. We have a few spaces for Christmas parties during December but these are also filling up fast.

The garden has almost given up it's last for the year, we sadly lost most of our tomatoes to blight, unsurprisingly given the awful weather. We have some beautiful courgette chutney and beetroot and orange pickle from our glut; in jars for sale behind the bar. We have some lovely game dishes on the menu at the moment, as well as other winter dishes, with lots of long slow cooking and seasonal specialities, please don't forget to book as we are busier than ever. We are currently trying some of Bastable Brothers Sussex Beef from the fields around Inkpen & Kintbury, which looks to be very good and well worth a try.

We are going to have the judging of the Pumpkin growing competition at the Lord Lyon on Sunday the 23rd at 6pm, so get ready to bring your monsters, or just your tiddlers for a laugh for the rest of us.

Thank you for all your support, we look forward to seeing you for an award winning ale in your local award winning pub.

Mark and the team

Church Services

November

6	Family & Children Service	11am
13	HC Remembrance Sunday	10.55am
20	United Benefice at Chieveley	9.30am
27	Holy Communion	11am

December

4	Family & children Service	11am
11	Holy Communion	11am
18	Carol Service	6pm
20	School Christingle	10.30am
24	Blessing of Crib	5pm
25	Holy communion	11am

Letter to The Grapevine

My father worked on the Benham Estate and, for a short time my wife Daphne and I lived in Stockcross with my parents. It was just after the war and most of the village houses made homes for the Estate workers. Eventually we found a home for ourselves in Wickham where we raised our four children.

When circumstances forced us to move to Swindon we returned to the Newbury area most weekends and, as we had attended Rev Nigel Sands services regularly prior to moving to Wiltshire we chose St John's Church at Stockcross to be our place of worship. It was also the church that I was marched down to with all the other children from the village school. I was also baptised and confirmed there. My grandfather and an uncle were once in the choir and they and my parents are buried in the churchyard. This is also the place where Daphne and I wish to be placed to rest.

Stockcross was and still is a most beautiful village. People are still very pleasant. What I find has sadly changed is the number of people that attend the church each Sunday. We all expect that this beautiful church will always be here when we need it for christenings, marriages and funerals but there is little support for the regular Sunday Services. I wonder what you would think if St John's was to close down. You must realise just how lucky you are to have such a lovely church on your doorsteps.

Daphne and I enjoy coming all the way from Swindon to your church of St John's for worship. What would give us much pleasure is to see many more of you, the local Stockcross and Marsh Benham folk come and join us in prayer on Sundays. Please do come and support your beautiful church while you still have it.

Ken Rutterford.

AROUND THE VILLAGE

Rising Sun News

Having had a very successful first six months Stuart would like to thank all of his customers for their valued support, and long may it continue during the coming cold months heading towards Christmas, creating a friendly, warm, and relaxed atmosphere where visitors can enjoy good beer, good food and good company.

We had a very successful beer festival offering 26 different real ales from far and wide as well as 2 cask ciders

Also we had some fun events live music with Max Hunt and My Not Swing also a very interesting evening with the Morris Men from the Icknield Way, Kennet Morris Men and the Ferrette Morris who travelled all the way from Alsace



Christmas 2011

We look forward to welcoming you and your friends to The Rising Sun this coming Festive season, Come on in out of the cold, and sit by one of our roaring fires. We are offering our many choices of great winter ales and festive beers, tantalizing menus available from December 1st to December 24th. Your Party, Our Place.

On Christmas Eve we are offering you the chance to join us for our annual Christmas Carols come and join us to "Sing along with Max".

Christmas Day we will be open for two hours to allow our regulars the chance of a Christmas Drink before heading home for their lunch.

On New Year's Eve we have live music planned to provide a party atmosphere to welcome in 2012, tickets will be available from the beginning of December; like in days gone by we just ask you to bring a plate of food to add to the buffet.

During December we will also be running due to popular demand; back from the good old days! The Christmas Raffle. All Proceeds will be spent on Fabulous Prizes.

So once more, Stuart Bagley and his team (with new recruit Oliver) would like to welcome all Customers, new and old back to the "Good Old Times" at The Rising Sun Stockcross.

Hope to See You All Very Soon.



Like a good read - want to try something new?

The Rising Sun Book Club has been meeting for about a year. We've recently changed the format of the club and would like to invite new members to join us. We meet every 5 or 6 weeks in the Rising Sun - usually on a Tuesday night around 8.00pm.

We have freed ourselves from library restrictions which limited us to 10 members, so can now invite more people and offer more variety. We find our own books from recommendations within the group and have recently read *Toast* by Nigel Slater and Sebastian Faulkes' *A Week in December*.

We're a very relaxed and friendly group and the books often spark interesting conversations. The person who chooses the book normally starts the discussion off by briefly explaining why they recommended it. At the end of each meeting we give the book an average score out of 10 and thought Grapevine readers might be interested in this along with a short review for each title. We hope you enjoy our future reviews.

You'd be very welcome to join us every time or just occasionally. Our next meeting is on Tuesday 18 October at 8.00pm in the Rising Sun, when we'll be discussing *The Girl in the Swing* by Richard Adams

Future Book Discussions will include ...

Mud Muck and Dead Things - Ann Grainger (Nov 2011)

Saint Maybe - Anne Tyler (Jan 2012)

Want to know more or come to a future meeting? Call Sarah (Russell) on 01488 657296 or email sarah@rustyandsaz.com



Toast -The Story of a Boy's Hunger

Nigel Slater (2003)

I have a number of well thumbed cook books from Nigel Slater and love his enthusiastic and often humorous descriptions of ingredients (I would definitely recommend the two volumes of 'Tender' and I wouldn't be without his 'Real Fast Food'). So, I was really keen to read this early years memoir and pleased that my recommendation was picked by the group.

Short 'self contained' chapters made *Toast* perfect to pick up after lunch or lose yourself for a few minutes on the morning commute. Each food-related chapter guides you through Slater's some what difficult childhood, adolescence, discovery of taste, sex, cooking and finally his arrival at his first professional kitchens. It was so easy to read and imagine the scenes described - it felt like Slater himself was reading it to us. It made us laugh and cry out loud on several occasions and during our discussion we had fun reminiscing about the food trends mentioned and relating them to our own childhood memories. The dramatization of *Toast* shown last year was not quite the same as the book - things were missed out and changed slightly, so we still recommend to you even if you saw it.

We were sad when we finished it and keen to read more which I feel is always a sign of a good read.

Book Club Score 7.5/10 (7 reviewers)



STOCKCROSS CE AIDED PRIMARY SCHOOL

A New School Year

This September has been an exciting start to a new academic year. The new Reception children have settled well and made an excellent start to school and all children have settled into new classes. I have enjoyed a busy three weeks learning lots of names and settling into my new role as headteacher, and our new deputy head, Debs McGrail has enjoyed her work so far with Yr 5/6. As I write this our Yr 6 children are having a wonderful trip in Brecon, Wales at a PGL centre and school seems quiet without them.

This is a very busy term and we have already enjoyed our Harvest service at Stockcross Church, but I hope some of you will be able to join us for other celebrations and events between now and Christmas.

Tag Rugby Saturday 8th October

Our excellent team are defending their title at a Rugby tournament on Saturday 8th October and the children have been training hard. As many of our children play contact rugby at the weekend the biggest challenge is remembering the rules for Tag which are quite different. I am sure they will do very well.

Remembrance Service Friday 11th November

Children will be taking part in a remembrance service at Boxford Church at 10.30am. It would be lovely to share this service with members of the community if you are able to join us.

School Christmas Fair

We would welcome everyone to our School Christmas Fair on Friday 18th November between 5 and 7pm. Come and enjoy the pre-Christmas shopping opportunities and visit Father Christmas! If you are interested in having a stall please contact the school office.

Open Mornings

We have two planned open mornings this term October 21st and November 25th. It will be a lovely opportunity for new parents and children to visit the school and see the children and staff at work. If you would like to visit please contact the office to arrange a guided tour.

Christmas

There are many opportunities for you to see the children performing at Christmas.

St Nicolas' Carol Service – Wednesday 7th December 7.00pm St Nicolas' Church, Newbury

All proceeds are in aid of Save the Children (Tickets available from School office)

Infant Nativity - Thursday 8th December

2pm and 6.30pm Stockcross Village Hall

(Tickets available from School office)

Christingle Service -Tuesday 20th December

10.30am Stockcross Church

Please join us for a magical candlelight service. A collection will be made for The Children's Society.

If you would like to support the school in any way, perhaps to hear children read, do some cooking, play the piano for choir, or work with children in our garden we would welcome members of the community into school.

*Florence Rostron
Headteacher*



Do people treat you badly?

Recently I came up against someone who, when stressed, thought it was OK to snap at me as you would a naughty child, in front of other people. I initially felt humiliation which was probably the reaction I would have felt when I was a child. Then, as I switched back in to my adult self, I felt anger at being spoken to in that way. I immediately asked her not to speak to me in such a rude way. Nothing more was said but it kept going round in my head later that day. I was concerned that having had a run in with her, it would make life difficult at subsequent meetings. I worried that maybe I'd been rude by responding in a rather direct way. But to my surprise, when I saw her the following day she was particularly helpful to me and has become increasingly friendly with each subsequent meeting. As I pondered on this, I realised that because I'd stood up for myself and put myself back into adult energy, she'd probably changed her perception of me from someone whom it's OK to speak down to, to someone who deserves respect.

I call it taking back my power. It's asserting that I have the right to be treated well. It's not asserting power over the other person as this just leads to confrontation which, in my mind, isn't a desirable outcome.

Do you find it difficult to hold onto your personal power in situations? Do you find yourself making excuses for people who treat you less well than you deserve. Kinesiology can help boost your confidence and help change outmoded belief systems. Contact me on 01635 581682 for an appointment or more information. www.roskitson.co.uk